

LA ESPAÑOLA OLIVE OIL

# Street Food Series ebook

9 RECIPES FROM OUR INSTAGRAM COOKING SERIES



# Cooking Live Series

We've all been missing our favourite foods, so we've teamed up with some amazing cooks to recreate them at home. Celebrate the best of street food by cooking recipes from our favourite food influencers.

Using Instagram these cooks brought us into their homes and taught us how to make their delicious recipes. We have now created this ebook so you can enjoy them all over and over again!

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#### BASE

150g RISOTTO RICE (use paella or risotto leftovers if you have it)

LA ESPAÑOLA EXTRA VIRGIN OLIVE OIL

300ml CHICKEN / VEGETARIAN BROTH

2 tbsp BUTTER, SOFTENED

1 ONION, CHOPPED

3 GARLIC CLOVES, MINCED

50ml WHITE WINE (optional)

1 tsp SAFFRON

PARMESAN CHEESE, GRATED

BASIL, FINELY CHOPPED

2 EGGS

#### **BREADING AND STUFFING**

LA ESPAÑOLA LIGHT IN COLOUR OLIVE OIL

HANDFUL OF BREADCRUMBS

MOZZARELLA CHEESE, CUBED

#### **SERVING**

LA ESPAÑOLA TRUFFLE OLIVE OIL MARINARA SAUCE

# STEP ONE

Add broth to medium saucepan and simmer, reduce heat and keep hot

### **STEP TWO**

In a large saucepan, sauté the onion in oil until tender but not browned. Add the rice and stir until coated. Add wine and cook until almost evaporated. Add half of the broth and cook until almost evaporated, stirring constantly. Continue to add broth, allowing it to evaporate each time. Continue until the rice is still firm with a bite to it but creamy, about 20mins. Take off the heat and add the remaining butter, parmesan, salt & pepper and stir. Let it cool (if you're using paella or risotto leftovers, use it cold)

# STEP THREE

In a medium bowl add the cooled base, bread crumbs, parmesan cheese, eggs, salt & pepper. Shape into balls and place one mozzarella cube in the centre. Coat with the bread crumbs.

#### STEP FOUR

Heat the la Española light in colour olive oil to 180c in a large saucepan about 1/3 way up the pan. In batches fry the arancini balls until golden brown about 4-5mins. Drizzle with la Española truffle flavoured olive oil and serve.



2TBSP LA ESPAÑOLA PURE OLIVE OIL PULLED PORK BBQ SAUCE NACHOS 1 GREEN PEPPER, CHOPPED GRATED CHEDDAR CHEESE

# **STEP ONE**

Rub the outside of the pork with the spice mix, cook on low for 10hrs, shred and stir through the bbq sauce.

#### **STEP TWO**

Scatter the nachos on a plate, and pile the bbq pulled pork in the centre.

# **STEP THREE**

Finish the dish by scattering on top the grated cheese and green peppers, and finally drizzling the La Española Pure Olive Oil before popping it under the grill to melt the cheese.







2tbsp LA ESPAÑOLA LIGHT IN COLOUR OLIVE OIL SMOKEY TOMATO BASE GRILLED SLICED; AUBERGINE, PEPPERS, ONIONS, CABBAGE



## **STEP ONE**

Buy or preferably make your own baked flatbread and stack on top of each other.

### **STEP TWO**

In between each layer cover with a smokey tomato base and vegetables including; aubergine, peppers, onions, cabbage and slow cooked lamb that pulls apart.

# STEP THREE

Finish your creation by scattering some pomegranate, chopped pistachios, torn mint, and finally drizzling tzatzaki sauce!



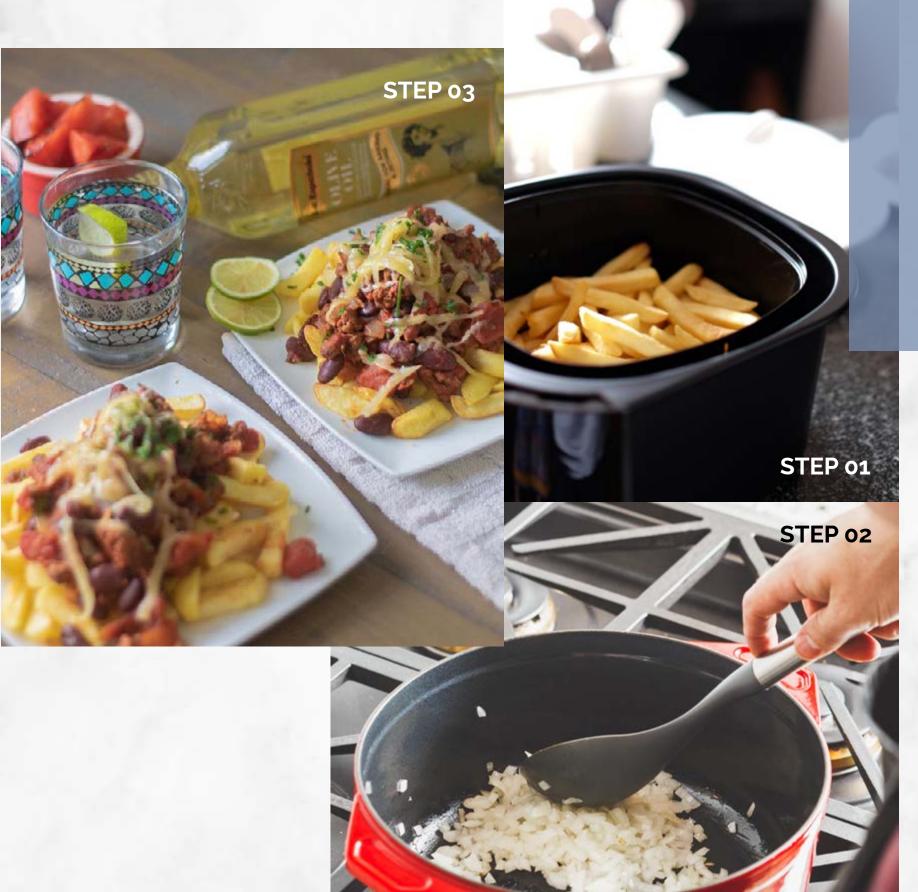


4-5 POTATOES, CHOPPED & PARBOILED (or you can use readymade chips)

LA ESPAÑOLA LIGHT IN COLOUR OLIVE OIL

- 1 CUP QUORN MINCE
- 1 CUP KIDNEY BEANS
- 1 SMALL ONION, FINELY CHOPPED
- 1 400G CAN OF CHOPPED TOMATOES

2 tbsp CHILLI POWER



### **STEP ONE**

Air fry the chips using La Española Light in Colour Olive Oil, as it is ideal for baking & frying

#### **STEP TWO**

Fry the onion with the chilli powder using a glug of La Española Light in Colour Olive Oil. Once it is starting to turn translcent, pop in the quorn mince to brown. Stir in the kidney beans, and chopped tomatoes. Cook for 10-15mins.

# STEP THREE

Pop the quorn mix on top of your fresh and crispy chips with a handful of grated cheese!



#### **POTATOES:**

4-5 LARGE POTATOES, DICED

2 TBSP LA ESPAÑOLA LIGHT IN COLOUR OLIVE OIL

SALSA BRAVA:

400G TIN OF CHOPPED TOMATOES

2 TBSP LA ESPAÑOLA LIGHT IN COLOUR OLIVE OIL

1 ONION, FINELY DICED

3 GLOVES OF GARLIC, MINCED

1 TSP SMOKED PAPRIKA

1/2 TSP CAYENNE PEPPER

SALT

#### **GARLIC AOILI:**

MAYONNAISE

FRESH LEMON

**GRATED GARLIC** 

**BLACK PEPPER** 

#### TO SERVE:

SOFT TACOS
CHOPPED PARSLEY

### **STEP ONE**

Boil the diced potatoes in salted water for 3 minutes. Drain and put back in the pan, pour in the olive oil and seasoning.

# **STEP TWO**

Place potatoes on a pre heated oven tray and roast for 15 minutes, turn them, and roast for a further 15 minutes.

#### STEP THREE

Meanwhile heat the olive oil in a pan and add the onions. Fry until soft and then add the garlic for a further minute. Finally, add the seasoning and spices and pour in the tomatoes. Leave to simmer for 20 minutes.

#### **STEP FOUR**

For the garlic aioli, mix mayonnaise, with a good squeeze of lemon, grated garlic and black pepper.

### STEP FIVE

Once the potatoes are ready, add to the tomatoes and stir well. Fill your tacos with your Patatas Bravas, top with parsleyand drizzle over the aioli



240 ML WATER
6 TBSP. LA ESPAÑOLA OIL
2 TBSP. CASTER SUGAR
1 TSP. VANILLA EXTRACT
125 G PLAIN FLOUR
1 TSP. SEA SALT
2 LARGE EGGS
CINNAMON SUGAR

#### **FRYING:**

0.5L LA ESPAÑOLA LIGHT IN COLOUR OIL



### **STEP ONE**

In a large saucepan over medium heat, add water, butter, and sugar. Bring to a boil, then add vanilla. Turn off heat and add flour and salt. Stir with a wooden spoon until thickened, 30 seconds. Let mixture cool for 10 minutes.

#### **STEP TWO**

Cool the mixture, beat in eggs one at a time until combined. Transfer mixture to a piping bag fitted with a large open star tip.

#### STEP THREE

In a large pot over medium heat, add enough oil to come halfway up the sides and heat to 190°C. Holding the piping bag a few inches above the oil, carefully pipe churros into 6" long ropes. Use kitchen scissors to cut off dough from piping bag.

#### STEP FOUR

Fry until golden, 4 to 5 minutes, turning as necessary. Fry 3 to 4 churros at a time and let oil come back to 190°C before each batch. Remove churros with a slotted spoon or tongs and immediately roll churros in cinnamon sugar, then place on a cooling rack.

### STEP FIVE

Serve churros with chocolate dipping sauce.



#### **FILLING:**

200G TURKEY MINCE
200G CHOPPED TOMATOES
1/2 WHITE ONION DICED
2 GLOVES GARLIC CRUSHED
50ML LA ESPAÑOLA
TRUFFLE OIL
SALT AND PEPPER
1 GREEN PEPPER DICED
100G KIDNEY BEANS

#### **TOPPING:**

1/4 APPLE
1/2 RED ONION
1/4 RED PEPPER
1 RED CHILLI
1/2 BUNCH PARSLEY
30ML LA ESPAÑOLA
TRUFFLE OIL
1 TSP SUGAR
SALT AND PEPPER

### **STEP ONE**

Fry the onions and garlic in La Española Truffle Oil in a pan for 2-3 minutes. Add the green peppers and cook for 3 more minutes.

Add in the turkey mince and cook on a high heat for 5-6 minutes, Add in the chopped tomatoes and cook on a low heat for 20-30 minutes. Season with salt and pepper. Add the kidney beans.

### **STEP TWO**

While the mince is cooking create the topping by chopping all ingredients and placing in a bowl. Add the oil and seasoning and mix well.

#### **STEP THREE**

Lay out a bed of kale. Fill you tacos with the turkey chilli, topping and drizzle with your truffle oil dressing. Alternatively can be served on a plate with rice





4-5 LARGE POTATOES
LA ESPAÑOLA TRUFFLE OIL
PARMESAN
CHIVES, FINELY CHOPPED
SALT AND PEPPER



## STEP ONE

Chop & parboil your potatoes.

# **STEP TWO**

Drain, drizzle with truffle oil and pop them in an air fryer or oven - the hotter the better.

# STEP THREE

When they're cooked top them with parmesan and fresh chives and season.



Experience 100% Spanish

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